



I absolutely love Lego. Seeing the brightly coloured blocks makes me feel nostalgic for my childhood; spending hours imagining and creating working machines, magical places and elaborate buildings with my sisters sitting on the floor in the sun. It is therefore very exciting when children come to see me and love Lego as much as I do. It is no wonder that Lego's timeless appeal has been used in play therapy and developed into a therapy method known as LEGO® Therapy.

LEGO® Group Therapy Can help with:

- Language – understanding language and using it.
- Social communication and pragmatics – using non-verbal communication such as eye contact, facial expression, body posture and proximity.
- Social skills – functional skills such as requesting help and clarification.
- Joint attention
- Task focus – including task initiation.
- Sharing and turn-taking.
- Problem-solving collaboratively – also improving negotiation and compromise.

What happens during a LEGO® Therapy session?

During a LEGO® Therapy session, three or four children of similar ages and abilities work together to build a LEGO® model. The children each take turns taking on different roles to form a team in making the models, followed by a less structured activity where they design and build their own models collaboratively. Using this format provides each child with an opportunity to practice and develop a wide range of skills.

Investment:

The LEGO Club consists of a pre-group assessment and goal setting session, 8 weekly 1.5hr group sessions and a follow up session to discuss progress and future planning. The total cost is \$1480.

If your child is receiving NDIS funding for Improved Relationships or Improved Daily Living this program may work towards your plan's goals. Medicare rebates are not available for this group, some Private Health rebates may apply.

